

## **RECOMMENDED RESOURCES FOR EXAMS**

The most recent editions of resources listed below are used.

### **CLINICAL KNOWLEDGE AND THEORY EXAM**

#### **Recommended Textbooks**

##### **Primary references for exam creation**

- *Atlas of human anatomy* (Netter)
- *Brunnstrom's clinical kinesiology* (Smith et al)
- *Management of common musculoskeletal disorders, physical therapy principles and methods* (Hertling, Kessler)
- *Mosby's Fundamentals of therapeutic massage* (Fritz)
- *Mosby's Pathology for Massage Therapists* (Salvo)
- *Myofascial Pain and Dysfunction: The Trigger Point Manual* (Travell, Simons & Simons)
- *Orthopedic physical assessment* (Magee)
- *Outcome-based massage: from evidence to practice* (Andrade)
- *Pathology - Implications for the physical therapist* (Goodman, Fuller)
- *Principles of anatomy and physiology* (Tortora, Derrickson)
- *Therapeutic exercise foundations and techniques* (Kisner, Colby)

#### **Supporting Textbooks**

##### **Supporting references to primary resources**

- *Clinical anatomy by regions* (Snell)
- *Nutrition concepts and controversies* (Sizer et al)
- *The muscular system manual: The skeletal muscles of the human body* (Muscolino)
- *Talking bodies, listening hands: a guide to professionalism, communication and the therapeutic relationship* (Fitch)

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## **PERFORMANCE BASED ASSESSMENT**

- *Principles of anatomy and physiology* (Tortora, Derrickson)
- *Orthopedic physical assessment* (Magee)
- *Clinical massage therapy* (Rattray, Ludwig)
- *Muscles: Testing and function with posture and pain* (Kendall)
- *Atlas of human anatomy* (Netter)
- *Clinical anatomy for medical students* (Snell)
- *Clinical anatomy by regions* (Snell)
- *Myofascial pain and dysfunction: The trigger point manual, volumes 1 and 2* (Travell, Simons)
- *Facilitated stretching, assisted and unassisted PNF stretching made easy* (McAtee, Charland)
- *Heat and cold as therapy* (Fowlie)
- *Management of common musculoskeletal disorders, physical therapy principles and methods* (Hertling, Kessler)
- *Therapeutic exercise foundations and techniques* (Kisner, Colby)
- *Outcome-based massage: from evidence to practice* (Andrade)
- *Talking bodies, listening hands: a guide to professionalism, communication and the therapeutic relationship* (Fitch)
- *Examination of the spine and extremities* (Hoppenfeld)
- *The muscular system manual: The skeletal muscles of the human body* (Muscolino)